MY VALUE SYSTEM: How it develops

Your values determine the actions you take, as well as the goals you set. Place an X in each column if those persons/people have influenced this value in your life. Each value column may contain more than one X.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **VALUE** | **FAMILY** | **FRIENDS** | **COMMUNITY /**NEIGHBORS | **TEACHERS /****RELIGIOUS LEADERS** |
| Achievement |  |  |  |  |
| Career |  |  |  |  |
| Creativity |  |  |  |  |
| Education |  |  |  |  |
| Family life |  |  |  |  |
| Forgiveness |  |  |  |  |
| Freedom |  |  |  |  |
| Happiness |  |  |  |  |
| Health |  |  |  |  |
| Honesty |  |  |  |  |
| Integrity |  |  |  |  |
| Intelligence |  |  |  |  |
| Justice |  |  |  |  |
| Knowledge |  |  |  |  |
| Love |  |  |  |  |
| Loyalty |  |  |  |  |
| Physical |  |  |  |  |
| Pleasure |  |  |  |  |
| Popularity |  |  |  |  |
| Recognition |  |  |  |  |
| Religion |  |  |  |  |
| Service |  |  |  |  |
| Traditions |  |  |  |  |
| Trustworthiness |  |  |  |  |
| Truth |  |  |  |  |
| Wealth |  |  |  |  |
| Wisdom |  |  |  |  |

Who has the most influence on the values you choose? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Whose advice do you follow the most, parent, teachers, friends?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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